

### Activity sheet / Aktiwiteitsblad

How many of these plants can you find in the garden?  
Hoeveel van hierdie plante kan jy in die tuin vind?

Make a cross in the square when you spot that flower in the garden and see how many you find!

Maak 'n kruisie in die vierkant wanneer jy daardie blom in die tuin sien en kyk hoeveel jy kry!



***Helichrysum petiolare***  
**Silver bush everlasting**  
**(E), Kooigoed (A)**



This woolly-leaved shrub is used extensively in traditional healing, ancestral rituals, and also

burned as incense. Its silver foliage brings calm and contrast to indigenous gardens.



***Melianthus major***  
**Giant Honey flower (E),**  
**Kruidjie-roer-my-nie (A)**



A dramatic and interesting shrub with toothed leaves and dark maroon flowers, dripping with nectar and strongly scented.



***Carpobrotus edulis***  
**Sourfig (E), Suurvy (A)**



Sour figs sprawl on the ground, and the yellowish-red 'fig' has a unique sweet-and-sour taste!



Scan the QR-codes to learn more!  
Skandeer die QR-kodes om meer te leer!

***Lessertia frutescens***  
**Cancer bush(E),**  
**Kankerbos (A)**



A well-known medicinal shrub with scarlet flowers and bitter-tasting leaves.



***Eriocephalus africanus***  
**Wildrosemary (E),**  
**Kapokbos(A)**



A strongly aromatic grey shrub with fluffy white seed heads. Birds use their fluffy, cottony seeds to line their nests.



***Protea repens***  
**Common Sugarbush (E),**  
**Suikerbos (A)**



This fire-adapted shrub produces abundant nectar that is loved by sunbirds and pollinators across fynbos habitats.



**Disclaimer: Information on medicinal plants is for educational purposes only, and not intended as medical advice or treatment. The publishers assume no liability for the misuse of information.**

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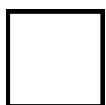
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***Salvia aurea***  
**Brown sage (E),**  
**Geelblomsalie (A)**



This resilient shrub with aromatic golden-green leaves and bronze, violet flowers attracts many pollinators.



***Zantedeschia aethiopica***  
**Common arum lilly (E)**  
**Wit varkoor (A)**  
**Intebe (X)**

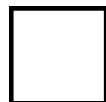


A wetland plant with large white spathes and glossy green leaves. The faint scent attracts pollinating insects to the flowers inside.



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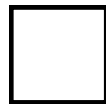
***Pelargonium capitatum***  
**Rose-scented pelargonium (E),**  
**Kusmalva (A)**



This soft-leaved shrub has sweetly rose-scented leaves and pink flowers. Valued in perfumery and traditional medicine for treating wounds and respiratory infections.



***Leonotis leonurus***  
**Lion's Ear (E),**  
**Duiwelstabak (A)**



A shrubby plant with whorls of orange flowers is used as a traditional remedy and attracts nectar-feeding birds, especially sunbirds.

